

PTS CONNECTION

**A FREE PEER RECOVERY SUPPORT GROUP
FOR VETERANS, POLICE AND FIRST RESPONDERS
RECOVERING FROM**

POST-TRAUMATIC STRESS

AS A RESULT OF THEIR SERVICE

Led by trained Veterans and First Responders in recovery themselves, the group offers respect, understanding, encouragement and hope. There is no need to register in advance--just come when you feel you need to be with others who can relate.

Share as much or as little as you wish about your own challenges and successes in a confidential environment free of judgment.

4th Tuesday of the month, 7:00-8:30 p.m.

Andover United Methodist Church

207 Andover Sparta Rd., Andover Twp., NJ

(Use Newton, NJ for GPS purposes.)

The use of face masks and social distancing will be required during the COVID-19 pandemic, and participants must sign a waiver.

Call John **973-865-0605** or Bob **973-729-6534**

with any questions or to confirm meeting is being held as scheduled,
or check website www.nami-sussex-nj.org.

