

NAMI Walks NJ

National Alliance on Mental Illness

Changing Minds **ONE STEP AT A TIME**

September 28, 2019 at Seaside Park, NJ
Check in 10 am | Walk Starts 11 am

Join the NAMI Sussex Walk Team

& help raise awareness, bust stigma, and provide funding for our free programs for those affected by mental illness!

You can walk with our team on Sep. 28 or be a "virtual walker" if you can't walk with us.

Go to www.namiwalks.org/team/namisussex to join our team or to donate online.

For more information, call 973-214-0632 or visit us at <http://nami-sussex-nj.org/nami-nj-walk/>

