

Become a NAMI “Ending the Silence” Young Adult Presenter



“You’ve changed my life forever. I now know that people can get help.”

-Student

For more information,
please contact



Email:

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WHAT is NAMI Ending the Silence?

A presentation for teens where you can:

- Share your story
- Teach youth to recognize warning signs and how to help themselves or a friend

WHO can be a NAMI Ending the Silence presenter?

- Anyone 18-35 who is living well with a mental health condition

WHEN and **WHERE** would I be presenting?

- Usually in a middle/high school setting, during school hours

WHY should I become a presenter?

- Help end stigma and get teens talking about mental health
- Show teens they aren’t alone and that there is hope
- **IMPACT YOUNG LIVES!**

HOW can I become a presenter?

- Contact NAMI Sussex to obtain an application form
- Training will be provided