

May is National Mental Health Month!

Join us

Monday, May 21, 2018, 7-9pm

For

## The Mental Health Players

The Mental Health Players is a group of volunteer performers who use theatrical improvisation and role playing to bring the realities of mental illness to life. The Mental Health Players have been recognized by the New Jersey Governor's Council on Mental Health Stigma with their 2011 Ambassador Award.



The Sussex County Mental Health Task Force has taken a pledge to promote the Campaign to Change Direction. This campaign is designed to help people recognize the five signs of emotional suffering and raise awareness that there can be no health without mental health. The Mental Health Players will help us learn more about these signs in this dynamic performance.

**Location: Bridgeway Rehabilitation Services**  
**93 Stickles Pond Rd., Newton, NJ 07860**

For more information or to RSVP, email [cparmelee@mhaessexmorris.org](mailto:cparmelee@mhaessexmorris.org)  
or call 973-579-4399 ext. 606

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Intensive Family Support Services of  
Sussex County



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